



FlexiMove is used in different transfer and repositioning situations such as turning in bed, repositioning higher up in bed, bed to bed/bed to shower trolley, and lifting from the floor. FlexiMove features either four or six handles. The choice depends on the patient's needs for support and required number of caregivers.

FlexiMove is part of a series of different models of transfer assistive devices. The choice of model and materials is determined by the patients functional capacity and the situation in which the product is to be used.

Vancare's products together form the Vancare concept, which takes a holistic approach to patient transfers. Vancare has four categories of transfer: transfer, positioning, support and lifting.

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Functional inspection

Check the condition and function of the product regularly, and always after laundering. Check to ensure that the fabric is not worn, damaged or bleached. If there are signs of wear, the product must be discarded.

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Always read the instructions

Read instructions for all assistive devices used in connection with transfers.

To prevent discomfort, exercise care and caution when using the product.





Functional testing of FlexiMove



Test the FlexiMove regularly by stepping on one handle and pulling hard on one of the handles on the opposite side. Repeat the procedure until all of the handles have been tested.

Placement of FlexiMove



The patient is turned on one side and the FlexiMove is guided in with the handles folded under the slide. The patient is then turned on the back and the handles are drawn out.

Turning in bed



Place FlexiMove as described above. Then, use the handles to pull the patient closer to the edge of the bed. Work in a walking stance with knees slightly bent, straight arms and straight back (1).



Fold in the handles, and then turn the patient in the opposite direction, where one caregiver provides support. If you are working alone, raise the bed rails. Turn the patient using the legs and pushing the patient away from you (2).



Higher up in bed



One caregiver works on either side of the bed. Repositioning is easier if the patient is able to bend his or her knees to push higher up in bed. Work in a walking stance with straight arms and straight back. Caregivers should coordinate their efforts to perform a smooth transfer.

Bed to bed/bed to shower trolley



Caregivers should work in pairs (or more), depending on the patient's needs. Place beds as close together as possible. Pull the feet over first, and then help each other to manoeuvre the patient over to the bed/shower trolley.

Lifting from the floor

NOTE!

 $A \, mechanical \, lift \, should \, always \, be \, used, \, if \, possible. \, When \, lifting \, manually, \, never \, lift \, more \, than \, is \, appropriate.$



Caregivers should work in pairs (or more), depending on the patient's needs. Plan the transfer so as to minimize time taken, lifting and distance.



Material:

Polyamide, nylon

Care of the product:

Read the product label.



Cleaning: Remove the slide and padding and then clean the surfaces with disinfectant.

Launder the cover according to the symbols on the tag.

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4011	102 x 43
4012	112 x 53
4016	152 x 53

Do not use rinsing agent. To ensure maximum material lift, hang dry or tumble dry on low heat.

